



February 2025

GLEN ROCK Elementary Schools



MONDAYS

Sun butter & Jelly Sandwich w/ Pretzels and String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

3 4 5 6 7

Chicken Parmesan w/ French Fries

Pizzeria Pizza

Pizza Crunchers w/ Sweet Potato Fries
Double Hot

Cheeseburger w/ Tater Tots
Beef Burger w/ Tater Tots

Pizzeria Pizza

Boneless Chicken Wings w/ Mashed Potatoes
Double Hot

French Bread Pizza

Pizzeria Pizza

Pancake w/ Turkey Sausage and Tater Tots
Double Hot

Beef Nachos w/ Brown Rice and Scoops

Pizzeria Pizza

Popcorn Chicken w/ French Fries
Double Hot

Superbowl Appetizer Meal w/ Sports Bites Cookies

Pizzeria Pizza

Chicken Tenders w/ Roasted Vegetables
Double Hot

10 11 12 13 14

Stuffed Crust Pizza

Pizzeria Pizza

Pasta w/ Beef Meatballs
Double Hot

Pizza Quesadilla

Pizzeria Pizza

Chicken Nuggets w/ French Fries
Double Hot

 Organic Cheese Quesadilla w/ Salsa, Rice and Scoops
Organic Chicken & Cheese Quesadilla w/ Salsa, Rice and Scoops

Pizzeria Pizza

Mozzarella Sticks w/ Marinara Dipping Sauce and Sweet Corn
Double Hot

Chicken Teriyaki w/ Vegetable Egg Roll and a Fortune Cookie

Pizzeria Pizza

**BBQ Rib w/ Mashed Potatoes
Double Hot**

Beacon Street Stuffed Cheese Sticks w/ Marinara Dipping Sauce and Mixed Vegetables
feat. Local Candy Cane Beet Chips


Pizzeria Pizza

Chicken Tenders w/ Mashed Potatoes
Double Hot

17 18 19 20 21

PRESIDENT'S DAY BREAK

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 Organic Chicken Nuggets w/ BBQ Sauce and Tater Tots

Pizzeria Pizza

Cheese Pierogis w/ Hot Dog Bites
Double Hot

Chicken Filet on a Bun w/ French Fries

Pizzeria Pizza

Cheese Stuffed Shells w/ Pink Sauce and Garlic Bread
Double Hot

Mini Cheese Ravioli w/ Marinara Sauce and Dinner Roll **feat. Local Blueberry Oat Crisp**

Pizzeria Pizza

Chicken & Waffles
Double Hot

24 25 26 27 28

French Toast Sticks w/ Egg Patty and Hash Brown

Pizzeria Pizza
Double-Stack Cheeseburger w/ French Fries

Sabrett Hot Dog w/ Waffle Fries

Pizzeria Pizza

Macaroni & Cheese w/ Dinner Roll
Double Hot

French Bread Pizza

Pizzeria Pizza

Popcorn Chicken w/ Tater Tots
Double Hot

Meatball Parmesan

Pizzeria Pizza

BBQ Pulled Pork on a Kaiser w/ French Fries
Double Hot

Pizza Burger on a Brioche w/ French Fries

Pizzeria Pizza

General Tso's Chicken w/ Vegetable Fried Rice and Fortune Cookie




Go to
<http://glenrock.pomptonianmenus.com/order>
 to place an order by credit card.



Fruits & vegetables from
 The Farm Stand are
 included with lunch.

**FOOD
 ALLERGIES**

Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

- Traditional Lunch - \$5.50 per meal
- Double Hot Traditional Meal - \$6.50
- Dietz & Watson \$6.00 (Premium Meal)
- Featured Favorite Lunches - \$5.75 (Double Hot not available)
- Village Fresh Lunch - \$5.50 (Double Hot not available)
-  Organic Lunch - \$7.25 (Double Hot not available)
- 2-Slice Pizza Meal - \$6.25

Upgrade your Milk Selection!
 Add an Organic Milk or Organic Chocolate Milk to your order for \$2.50 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:
 Entrée w/ Protein/Grain
A Trip to The Farm Stand
 Low-Fat Flavored Milk, Skim Milk, 1% Milk,
 or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director at 201 445-7700 ext. 8965
Menu Subject to Change

Everything on this Menu is baked not Fried
Your comments are important to us. Please email us at comments@pomptonian.com